



## Suggested Practices for Safety and Sanitation Approved by the CDC

**Wash Your Hands:** The CDC recommends washing your hands with soap and water for at least 20 seconds to help prevent the spread of germs. Wash your hands before and after every client, after eating, using the restroom, and after blowing your nose, coughing, sneezing or touching your face. Keep a 60% alcohol-based hand sanitizer at your station for easy use!

**Hands Off:** During the cold and flu season, and right now especially, shaking hands or giving hugs to your clients and co-workers is not a good idea. Keep your hands "off" and away from your face, as that's an easy path for transmission.

**Disinfect your Space:** Consider this a friendly reminder to practice proper cleaning and disinfection -- from tools and implements to areas with counter tops, treatment rooms, back bars, reception areas, and styling stations. Be sure to regularly wipe down high touch areas often with an antibacterial cleaner and use disinfectants, like Andis CoolCare, for clippers, trimmers, blades and accessories. **DISCLAIMER:** CoolCare is a disinfectant but hasn't been tested to prevent the spread of coronavirus.

**Stock your Shop:** Make sure you have tissue, soap, aerosol disinfectants like Andis CoolCare, and alcohol-based hand cleansers to encourage healthy habits- for both your staff and your clients.

**Sign it Out:** Post signage at the reception area, as well as in the break room reminding everyone about the importance of hygiene like: hand washing, sanitizer, wiping down stations after use, covering coughs, and hands off policies. Clients want to know you are thinking about safety, so don't shy away from letting them know what you're doing to prevent the spread of the coronavirus, seasonal colds and flu.

**Get Ready for the Reschedules:** Remind clients if they're not feeling well, it's best they reschedule when they're better. No sense in making others sick for that sick fade.

**Follow the CDC:** Visit [www.cdc.gov](http://www.cdc.gov) for facts as they become available. Follow the CDC on Instagram and Facebook for alerts. The CDC is the best source for information!